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QUIETFOREST.CA



"Coming together is a beginning; keeping together is progress; working together is success".

Edward Everett Hale

A word from the director

Wow! I cannot believe I am celebrating my 20th year carving my little rocky mountain...and my 28th year in business. When I purchased my land, I was 41 years old. I had travelled extensively in my 30's and I was ready to "root" myself to co-create with nature, designing a "wellness" destination in our beautiful MRC. I am very proud of what I / WE have succeeded in accomplishing in the past 20 years and look forward to witnessing what we will continue creating, together. As you know, it takes a village and we all play a huge part, at the community level on how we *influence* the development of our beautiful Outaouais region in an eco-responsible way, for present and future generations to enjoy.

I am even more excited putting to practice all the teachings received through the years from *Les Conseillers Forestiers de l'Outaouais*, with the help of expert lumberjack *Bruno Bernier*, this winter of 2024. The new year will be "roaring" with the sound of Bruno's chainsaw and his *Timberjack* skidder, using the original forest road that Monsieur Dubois used with his horse and whippetree, one hundred years ago.

Silviculture def.

the branch of forestry that deals with establishing, caring for and reproducing stands of trees for a variety of forest uses including wildlife habitat, timber production and outdoor recreation.

Silviculture also encompasses caring for, reforesting and restoring natural landscapes and forests.

Source
silviculturecanada.ca



As proper silviculture practice dictates, all the trees that fell during the derecho and suffered severe damages from the ice storm (2022-2023) need to be removed for timber production; including the sick infested beech trees that have become a serious public safety issue for my visitors and users.

I am so fortunate to co-create with Bruno, who loves taking care of the forest in an ecological and responsible way, like he learned as a little boy from his grandfather and special mentors in the industry.

“Silvicultural works constitute a group of work to optimize the performance of your forest: planting, clearing, cutting, and more.”

Source: maforet.ca

I take this opportunity to thank you for your constant support through the years. They say that progress is knowing when to stop. *I wish to continue evolving as program director, keeping up with the latest research in mental health and physical activity which supports the important therapeutic effects of playing outside. Our forest is the perfect classroom.*

I have decided to keep the same website for the years to come as it has become my historical archives. My story is written! I joyfully remain a program designer, administrator, and head coach. I look forward to leading/coaching/mentoring another generation of kids and teenagers with the assistance of passionate outdoor educators and professionals who share my values.

Keep an eye on our *Facebook* page and website.

Best regards,

Dominique